

## Ken Giglio



Ken Giglio is the principal of Mindful Leadership Consulting, LLC, a leadership consulting and executive coaching firm that partners with executives and teams in Fortune 100 – 1000 organizations. He leads a team of highly experienced executive coaches that link leadership to an organization's strategic business objectives. Ken's executive coaching and consulting is focused on "Mindful Leadership," the courage to confront and shift the self-limiting mindsets and behaviors that undermine personal, team, and organizational effectiveness. He develops leaders who are self-aware and agile in the moment—leaders who are focused on business strategy, building effective relationships, and achieving sustainable performance.

Prior to launching Mindful Leadership, Ken co-founded Prebon Learning, which provided executive coaching and leadership development programs for internal employees and external clients at Prebon Yamane (USA) Inc., a global financial brokerage firm. In this role, he successfully implemented several key initiatives, including executive team building retreats, executive coaching programs, and leadership development programs linked to core competencies, such as strategic thinking, communication and influencing skills, and emotional intelligence—earning him Employee of the Year in 2002.

Ken has worked with hundreds of executives and teams in a broad range of organizations across diverse industries including pharmaceutical, healthcare, financial services, technology, engineering, energy, luxury retail, apparel, accounting and manufacturing. In addition, Ken has extensive experience coaching and developing executives and teams across company divisions—marketing, technology, learning and development, finance, sales, research, and consulting at the following levels: CEO, president, CFO, managing director, SVP, and director. A partial list of companies he has partnered with includes: Children's Hospital of Philadelphia, Citigroup, BASF, Bayer, David Yurman, Deloitte & Touche, Firmenich, Johnson & Johnson, Jones Apparel, Linde, Macquarie Bank, MetLife, Nielson, Nestlé, Pfizer, Prudential, Quaker Chemical, Ross Stores, RBS, Spectra Laboratories, UBS, and Wyeth.

Ken has leveraged his business experience and deep expertise as an executive coach and facilitator to provide sustainable leadership development initiatives in which leaders have experienced greater self awareness and emotional intelligence. His recent projects include the design and delivery of:

- Coaching programs for managers and executives using 360° feedback tools that led to higher levels of effectiveness that were measurable and linked to organization and business goals.
- Customized leadership development programs for national and international teams covering areas such as strategic planning, networking and influencing, emotional intelligence, collaborative leadership, change management, and communication skills.
- Strategic leadership retreats for executive teams to identify organizational leadership competencies and leadership development priorities to help drive future business growth.

Ken holds a degree in psychology from Fordham University. He obtained his Executive Coaching Certification from The Hudson Institute of Santa Barbara, an International Coach Federation accredited program. He is certified in numerous leadership assessments, including the Hogan Assessments, Leadership Effectiveness Analysis, Lominger Voices 360, Emotional and Social Competency Inventory, DiSC, Myers-Briggs Type Indicator, and Social Styles. Ken is a board member for the American Society for Training and Development (ASTD) and the Workforce Investment Board of Bergen County.

### Contact information

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